



interRAI LTCF — Restrictive Devices (O7)

Definition

- Any manual method or any physical or mechanical device, material or equipment attached or adjacent to the person’s body that the person cannot remove easily **and** that restricts the person’s freedom of movement or normal access to his or her body.
- It is the **effect** the device has on the person that classifies it as a restraint, not the name or label given to the device, nor the purpose or intent of the device.

Coding

- 0 — Not used
- 1 — Used less than daily
- 2 — Used daily — nights only
- 3 — Used daily — days only
- 4 — Used night and day but not constant
- 5 — Constant use for full 24 hours (may include periodic release)

Full bed rails on all open sides of bed (O7a)



Regardless of condition, code **frequency of use**.

Full bed rails are defined as 1 or more rails along both sides of the person’s bed that block from three-quarters to the whole length of the mattress. They also include beds placed against the wall whose other side is blocked by a full rail or by a veil screen.

Trunk restraint (O7b)



If the person has **no voluntary movement** — specifically, is comatose or quadriplegic — code 0 (Not used).

Chair prevents rising (O7c)



- If the person has **no voluntary movement** — specifically, is comatose or quadriplegic — code 0 (Not used).
- If the person does not have the physical ability or cognitive capacity to rise from **any** chair, code 0 (Not used); otherwise, code for frequency of use.

Example: Mrs. P has the ability to rise from an upright, non-restricting chair. If, every morning, you placed her in a chair that prevents her from rising, such as a reclining chair, one with a locked lap board or one that is soft and low to the floor, you would code 3 (Used daily — days only).