# interRAI LTCF — Therapy Services (O3 a–d, f, g)



- Physical Therapy (O3a)
- Occupational Therapy (O3b)
- Speech–Language Pathology, Audiology Services (O3c)
- Respiratory Therapy (O3d)
- Psychological Therapy (O3f)
- Recreation Therapy (O3g)

#### Inclusion criteria

Therapies that occurred **after** admission to the facility and that were performed by a **qualified** therapist or by a therapy assistant under the direction of a qualified therapist. Therapies can be provided either inside or outside the facility. A physician's referral is necessary only if required by the facility or jurisdiction.

#### **Qualified therapist**

A qualified therapist meets provincial/territorial credentialing requirements for the profession and is responsible for assessing the person and developing rehabilitation goals and a treatment plan. The therapist is also responsible for evaluating and modifying the program as needed and discharging the person from the discipline-specific program.

#### Therapy assistant/aide

A qualified therapist may assign the delivery of the program to a therapy assistant or therapy aide. The therapy assistant/aide must have training in rehabilitation techniques. The therapist must be available to the assistant/aide for consultation or assistance with the person's treatment, in accordance with standards of practice defined by the professional college, and be directly responsible for the supervision of the assistant's/aide's work.

## For each therapy listed, all 4 of the following criteria must be met in order to document therapy days and minutes:



- 1. The therapy occurred after admission to the facility.
- 2. Measurable objectives and specific interventions were documented in the care plan.
- 3. The therapy was performed by a qualified therapist or therapy assistant/aide, per the criteria outlined above.
- 4. The person's progress toward his or her objectives was evaluated and documented at intervals that follow the professional standards of the qualified therapist.

#### Documenting therapy services scheduled, days and minutes

**Column A:** Enter the number of days on which the therapy was **scheduled** to occur in the last 7 days.

Column B: Enter the number of days on which the therapy was administered for 15 minutes or more

in the last 7 days.

**Column C:** Enter the total number of minutes for which the therapy was **administered**, even if Column B = 0,

in the last 7 days.

#### Notes

Include the actual treatment time only.

Do not include initial assessment and documentation time.

Recreation Therapy must be beyond the general activities available to all residents of the facility.





## Group therapy

**Group therapy ratios:** If the ratio of persons to therapist is larger than the discipline's ratio below, divide therapist's time by the number of persons participating in the session.

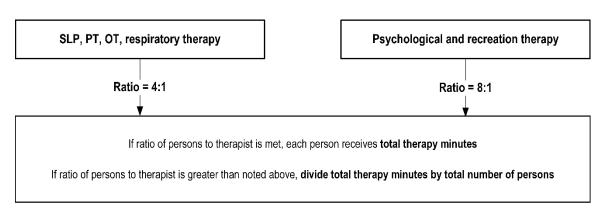
If 2 or more disciplines provide group therapy, divide total therapy minutes between disciplines.

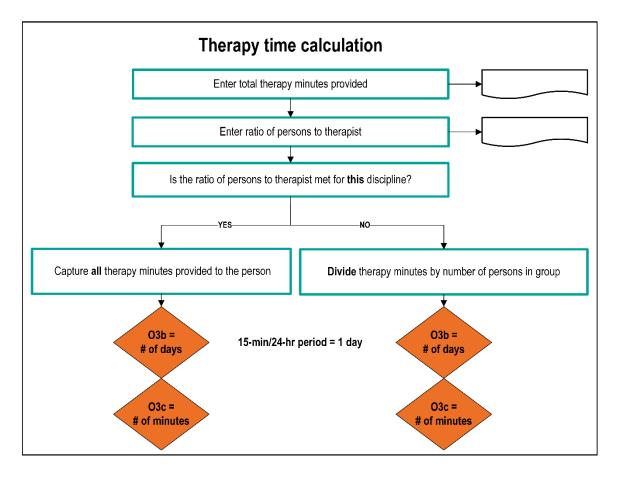
### Column A

Enter number of days the therapy was scheduled in last 7 days.



#### Columns B and C





#### Notes

SLP: Speech-language pathology.

PT: Physiotherapy.

OT: Occupational therapy.