

Self-Injury Hospitalization

Name Self-Injury Hospitalization

Short/Other Names Not applicable

Description Age-standardized rate of hospitalization in a general hospital due to self-injury, per 100,000 population.
For further details, please see the [General Methodology Notes](#).

Lower rates are desirable.

Interpretation Using the available data sources, capturing intention is difficult. This indicator cannot distinguish whether or not the self-injury was intended to result in death (self-harming or suicidal behaviour). In addition, this indicator might provide biased estimates of the true number of hospitalizations for self-injury, due to the manner in which intent is captured in the data sources available. For example, poisoning can be coded as "unintentional"—an overdose—or "undetermined"—reflecting an uncertainty between unintentional and intentional motives. Neither unintentional nor undetermined injuries were included in this indicator, even though it is assumed that a small number of these cases were, in fact, intentional.

Framework Dimension Health System Outcomes: Improve health status of Canadians

Areas of Need Not applicable

Geographic Coverage All provinces/territories

Reporting Level/Disaggregation National, Province/Territory, Region, Neighbourhood Income Quintile

Indicator Results [Accessing Indicator Results on Your Health System: In Depth](#)

Identifying Information

Name Self-Injury Hospitalization

Short/Other Names Not applicable

Indicator Description and Calculation

Description	Age-standardized rate of hospitalization in a general hospital due to self-injury, per 100,000 population. For further details, please see the General Methodology Notes .
Calculation: Description	$(\text{Total number of discharges for a self-injury for patients age 15 and older} \div \text{Total mid-year population age 15 and older}) \times 100,000$ (age-adjusted)
Calculation: Geographic Assignment	Place of residence
Calculation: Type of Measurement	Rate - per 100,000
Calculation: Adjustment Applied	Age-adjusted
Calculation: Method of Adjustment	Direct Standardization Standard Population: Canada 2011
Denominator	Description: Total mid-year population age 15 and older Description: Total number of discharges for a self-injury for patients age 15 and older Inclusions: 1. Admission to an acute care institution (Facility Type Code = 1)
Numerator	2. Self-injury is identified by the following external cause of injury codes with a diagnosis type of 9: ICD-10-CA X60–X84 3. Age at admission 15 years and older Exclusions: 1. Cadaveric donor or stillbirth records (Admission Category Code = R or S)

Background, Interpretation and Benchmarks

Self-injury is defined as a deliberate bodily injury that may or may not result in death. This type of injury is the result of either suicidal or self-harming behaviours, or both. Self-injury can be prevented, in many cases, by early recognition, intervention and treatment of mental illnesses. While some risk factors for self-injury are beyond the control of the health system, high rates of self-injury hospitalization can be interpreted as the result of a failure of the system to prevent self-injuries that are severe enough to require hospitalization. Lower rates are desirable.

Using the available data sources, capturing intention is difficult. This indicator cannot distinguish whether or not the self-injury was intended to result in death (self-harming or suicidal behaviour). In addition, this indicator might provide biased estimates of the true number of hospitalizations for self-injury, due to the manner in which intent is captured in the data sources available. For example, poisoning can be coded as "unintentional"—an overdose—or "undetermined"—reflecting an uncertainty between unintentional and intentional motives. Neither unintentional nor undetermined injuries were included in this indicator, even though it is assumed that a small number of these cases were, in fact, intentional.

HSP Framework
Health System Outcomes: Improve health status of Canadians

Dimensions
Area: Not applicable
Need: Not applicable

Targets
/Benefits: Not applicable

Refer Canadian Institute for Health Information. National Trauma Registry Analytic Bulletin: Hospitalizations Due to Suicide Attempts and Self-Inflicted Injuries in Canada, 2001-2002. Ottawa, ON: CIHI; 2004.

Availability of Data Sources and Results

Data Sources: DAD, HMDB, NACRS, OMHRS

Type of Year:

Fiscal

Available Data Years: **First Available Year:** 2010
Last Available Year: 2017

Geographic Coverage: All provinces/territories

Reporting Level/Disaggregation: National, Province/Territory, Region, Neighbourhood Income Quintile

Result Updates

Update Frequency: Every year

Web Tool:

Your Health System: In Depth

Indicator Results

URL:

[Accessing Indicator Results on Your Health System: In Depth](#)

Updates: Not applicable

Quality Statement

Caveats and Limitations
This indicator does not include cases of self-injury involving outpatient treatment in hospital emergency departments or other medical facilities or completed suicide prior to hospital admission. Thus this indicator cannot be used to estimate the prevalence of self-injury in the general population. Also not included are patients who were institutionalized in a psychiatric hospital and were self-injured during their stay but did not require admission to a general hospital. For a broader estimate of self-injury, please refer to the In Focus section of *Health Indicators 2012*.

Trend
Weyburn Mental Health Centre in Saskatchewan is not included in all mental health-related indicators as requested by the facility. As a result, rates for Sun Country Health Region (4701) in 2009 are not comparable with those reported in subsequent years.

Issues
Brant Community Healthcare System: Brantford General Hospital did not submit its 2009–2010 data to the Ontario Mental Health Reporting System as of the reporting deadline; therefore, it is not included in the indicator calculation. Rates for North East Local Health Integration Network (3513) are not comparable with those reported in subsequent years.

The following cases of self-injury are not included in this indicator:

1. Cases of self-injury involving outpatient treatment in hospital emergency departments or other medical facilities, or completed suicide prior to hospital admission
2. Patients who were institutionalized in a psychiatric hospital and were self-injured during their stay but did not require admission to a general hospital

Indicator results are also available in

–The Health Indicators e-Publication (<http://yourhealthsystem.cihi.ca/epub/?language=en>); data is updated annually starting from 2010–2011.